Parent/Guardian & Student Booklet Future Makers Program



Parents/guardians should read this booklet with their child/ward. All relevant documents should be read, completed and signed prior to students commencing the program.

About Bogong

Outdoor School - Bogong Campus, is a school staffed and funded by the Department of Education and Training. Bogong Campus provides programs for Years 7-12 students from Government Schools throughout Victoria and is situated in Bogong Village, North-East Victoria. This is located 15 km from Mount Beauty and 15 km from both the Falls Creek ski resort and the Bogong High Plains. Bogong Village is surrounded by the Alpine National Park. Bogong is 380 km from Melbourne and takes around 6 hours to get there by bus.

About the Future Makers Program

The Future Maker program is delivered with a strong curriculum connection to your school. The learning will be embedded in your school's year nine program and delivered in partnership between Outdoor School Bogong and your school. The purpose of the program is to develop future ready young people. As per Outdoor School's vision to be "educating for sustainable living" students will be challenged to become initiators, leaders and managers of change in a world where they have the ability to influence their own futures.

The program delivers the learning capabilities through hands on experiential learning.

Initially the Future Maker learning capabilities will be delivered within the year nine curriculum, during timetabled classes. The program then involves a two week residential/journey component where students attend Bogong and undertake a five-day expedition in the Alpine National Park.

Teachers from both the home school and Outdoor School Bogong will deliver elements of the program with a collegiate team teaching approach.

As parents you will receive a report on your child's learning after the program at Bogong.

Respectful Relationships

Respectful Relationships - Statement of Commitment

- We commit to action that promotes gender equity & respectful relationships.
- We will model respectful relationships between peers and all members of the school community.
- We will speak out about sexism, gender inequity and gender stereotypes.
- We will provide a safe, inclusive and supportive environment.
- We will provide a structural and cultural environment that promotes gender equity.

COVID 19 Information and Policy

A copy of the school's COVID 19 policy and subsequent protocols is available on our website at http://www.outdoorschool.vic.edu.au/

Key to this policy is that:

- Students or staff that are not well, or display Covid like signs/symptoms should not attend Bogong.
- Students or staff that have tested positive to Covid within the 5 days before the program commencing must not attend Bogong.
- Students or staff that begin to display Covid like signs or symptoms whilst on program will be sent home.
- In the case of any of the above for a student, the parents/guardians will be contacted to collect their child as soon as possible on that day and take them home. As a parent/guardian please make arrangements to ensure you can collect your child at short notice if needed.

Important Parent Information

The program will contain activities and events which are different from those experienced at school. Qualified and experienced teachers are responsible for the supervision and teaching of all adventure activities and necessary precautions are taken to minimise the possibility of injury.

Parents/guardians should understand however, that all the listed activities do carry risk of physical injury and that accidents can, and do occur. However, Outdoor School has an active and ongoing risk management program whose objective is to provide a safe and effective environment for students and staff.

Activities may include bushwalking, climbing/abseiling, mountain biking, orienteering/rogaining, canoeing, pioneering, high ropes, creek walking, and the sensory trail course. Many of the activities are conducted in remote locations subject to severe weather and other natural hazards. In the event of injury or illness, communications or emergency services may be limited or not available for periods of time. This may result in delays in injured/sick group members accessing more definitive care. It is important that students are appropriately insured for medical treatment as the Outdoor School, being a State Government School of Victoria, does not have any insurance to this effect.

Inclusion at Bogong

Outdoor School is committed to celebrating diversity and has a core belief that all students have a right to be a part of our learning programs. For this to happen we understand that individual students may sometimes need adjustments be made to the learning tasks and the program, something we are committed to doing. Furthermore, there will be times when additional supports will need to be put in place to ensure successful access to the learning and we will work with students, home schools and their families to do this. Please talk to your Bogong staff member about inclusion of your child.

Tips to help prepare your child





Support Bogong's no phone policy and talk to your child about the benefits of a break from phones and some strategies for coping without it. (For eg a break from social media)



Ask your child if they have any worries about the program. Reassure them that it is okay to have worries.



Talk with them about some strategies to help, possible strategies are:

- Thinking about who they can talk to while on camp (a friend or a teacher that is going).
- Talking about the advantages of going on camp
- Knowing that whilst on camp they can talk to home if it is essential, using a Bogong phone
- To know that the Bogong teachers are experienced in helping students through worries and difficulties
- Making a plan of what they can do to relax and take their mind off worries (perhaps bringing a special blanket, a book, a football, a photo, a fidget toy or another relaxation tool).



Encourage your child to aim for completing the whole program.





Share any important information with Bogong prior to the program that you think will be helpful to support your child (eg medical, welfare, emotional, or learning information).





Help your child to pack and source the appropriate clothing from the list.





Be in touch with Bogong if you have any questions or concerns that your child's home school cannot answer. Especially if you think your child would benefit from Bogong putting some extra support in place for them.

Before Coming You Must Organise

The following forms and information will be provided by the organising teacher at your school.

Code of Cooperation (enclosed in this booklet)

• This must be read and agreed to by the parents/guardians and student.

Bogong Parent Consent & Acceptance Form

- Must be read by parent/guardians and students, and then signed by both in conjunction with reading the Code of Cooperation.
- These must be returned to the teacher organising your program as soon as possible.

Bogong Medical Form

• These forms must be completed and signed indicating the students' current medical status with any information requiring specific attention or treatment (e.g. allergies, medications being taken).

ONLY if your child has one or some of the following needs, do you need to complete the relevant form(s) below. You do not need to complete any of these if they are not relevant to your child.

Student Learning Needs Form – Only for Students with Additional Learning Needs

• Students with specific additional learning needs. Students with an Individual Learning Plan or an Education Action Plan should have this form completed as well as including their plan.

Asthma Form – Asthmatics only

• Asthmatic students need to return a completed Asthma Action Plan.

Anaphylaxis Form – Only required for students who suffer from Anaphylaxis

• Students that are Anaphylactic **must** complete the attached Epipen Anaphylaxis Action Plan.

Allergies Form – Only required for students who suffer allergies

• Students with allergies are to return a completed Allergic Reactions Action Plan.

Medication Authority Form – Only required for students requiring medication

For any students that require medication(s) during their time at Outdoor School.

Personal Clothing and Equipment

- Please read through the list ahead of time and pack all the clothing and essentials to be well organised for the program. Also outlined is the equipment Bogong supply.
- Please be reminded that the Department of Education and Training does not hold insurance for personal property brought to schools and it has no capacity to pay for any loss or damage to such property.

Student Code of Cooperation

Guiding Principles

- To ensure that the rights of all individuals are protected whilst at Bogong, and to and from Bogong.
- To establish the best possible learning environment.
- To ensure that breaches of the code of cooperation are treated in a fair and consistent manner and within the expectations of staff and students.

Rights	Responsibilities & Expectations	
All individuals and their property are to be valued and treated with respect.	All students should treat one another, staff and property with respect.	
All individuals have the right to a safe, secure and cooperative working environment in which participation, risk taking and confronting challenges are encouraged.	All students should act and behave in a way which does not endanger, intimidate or interfere with the participation of others.	
All individuals have the right to privacy.	All students should respect others rights to privacy.	
Staff should be able to perform their duties in an atmosphere of order and cooperation.	Students should comply with instructions given by any members of staff and should willingly participate in the daily routine of the School.	
Staff, students and the natural environment have the right to exist in a healthy and environmentally considerate atmosphere.	All students should conduct themselves in a healthy and environmentally friendly manner towards other students, staff and the natural environment.	
Bogong expects support from all students, parents and staff in implementing this Code of Cooperation.	All students should behave according to this code and accept the consequences if it is breached. All staff should fairly, reasonably and consistently implement this code. Staff and parents of participating schools should support Bogong in implementing the Code of Cooperation.	

Specific Rules at the School

To respect the rights and expectations of all individuals at the school the following forms of behaviour are considered a breach of the code and are therefore unacceptable:

- Bringing cigarettes, alcohol, non-prescribed drugs, offensive weapons, and pornographic material.
- Using language which is offensive, sexist, genderist or racist.
- Fighting, bullying (physical, verbal, indirect or cyber) or any other forms of aggressive behaviour.
- Being in the lodges/room/tent of the other gender.
- Being in another student's room without permission.
- Leaving Bogong Campus boundaries without permission.
- Behaving in a manner which damages or vandalises the property of others or the environment.
- Climbing of trees, buildings or other structures without teacher supervision.
- Students bringing deodorant sprays.
- Students are to wear modest sunsmart clothing that covers all sensitive areas including neck, chest shoulders etc

Personal ICT hardware such as phones, iPods and tablets are not to be brought to Bogong.

To maximise student learning we expect students to disconnect from all mobile devices for their time at Bogong. This allows students to engage with their peers, and the outdoor experience. Any mobile devices that are brought to Bogong, will be collected by Visiting Teachers upon arrival and stored in a secure place. If needing more information you may access a copy of our Personal Mobile ICT Devices Policy from our website via the following link http://www.outdoorschool.vic.edu.au/policies/3699/

Implementation Process

Any breach of the Code of Cooperation will initiate a restorative approach. The staff will decide the appropriate level of action.

Personal Clothing and Equipment

This list provides information on the types of the clothing and other essentials that you should bring. It also outlines the equipment supplied by Bogong.

Clothing

- 1 set of thermal underwear (top and bottom)
- 3 warm jumpers (polar fleece or woollen preferred)
- 3 pairs of shorts
- Tracksuit pants/leggings (2 pairs)
- 5 T-shirts
- Bathers (Oct-April)
- Long sleeved shirt (sun protection)
- Solid walking boots or sneakers for activities (must be worn in). Not slip-ons
- O Comfortable shoes (for around campus).
- Old runners (not slip-ons or thongs) or wet shoes for water activities.
- Underwear and socks enough for 12 days (can do some washing). Hiking socks should be long and warm.
- o Pyjamas
- o Beanie
- Spare comfortable clothes to wear around the school campus for the 4 days before and 3 days after the journey.

Toiletries

 Soap, toothbrush, toothpaste, hairbrush, roll-on deodorant (don't bring spray deodorant).

Linen

- Sleeping Bag for sleeping indoors at Bogong, (an Alpine Sleeping Bag will be provided by Bogong for the hike journey)
- o Pillow and pillow case
- o 2 towels

Other Items

- Broad-brimmed/ bucket hat
- Sunglasses & sunscreen
- o Drink bottle
- Torch (small with new batteries)
- Personal medical requirements
- Book for personal reading

Bogong Supplied Gear

- Fitted sheet
- Waterproof jackets
- Waterproof over pants
- Gloves
- Lunch box and drink bottle
- o Day-packs
- Bushwalking boots
- Specialist equipment (tent, sleeping bag, backpack, helmet etc.) are all provided.

Please Note:

- Schools who attend late Term 2 or early Term 4 (possible winter conditions) should make sure to bring extra warm clothing for the program. A day skiing can sometimes be incorporated into a program at these times.
- All personal items and luggage should be clearly marked with the owner's name. The DET does not hold
 insurance for personal property brought to schools and it has no capacity to pay for any loss or damage to
 such property.
- Try to utilise clothes and other items you have at home rather than buying anything special for the program.
- Recommended pocket money for students is \$20 for meals on route. There is no facility at Bogong to spend this money.
- Outdoor School Bogong is a Sunsmart School. Students are encouraged to wear a hat and clothing with long sleeves and collars, to wear suitable sunglasses and to apply sunscreen.
- Students are <u>not</u> to bring deodorant sprays as they can set off the emergency fire alarm. Bring a roll-on deodorant instead.

Sample Timetable

Whilst there is likely to be variation in programs depending on student learning needs below is a sample timetable of the type of program students may undertake while at Outdoor School Bogong.

Day	Morning Lesson	Afternoon Lesson	Night Lesson		
Monday		Student Arrival 1:30pm Student Intake Tour Goal Setting (Personal)	Team Activity (Social)		
Tuesday	Creek Walk, Water Watch (Social, Nature and Culture)	Bogong Climbing (Personal, Social)	Sustainable Living Actions Introduction (Future Thinking)		
Wednesday	Bogong High Plains Day (Nature & Culture, Social, Critical & Creative Thinking)	Bogong High Plains Day (Nature & Culture, Social, Critical & Creative Thinking)	Journey Preparation (Outdoor Experience)		
Thursday	Group decision making, Pioneering (Social, Critical & Creative Thinking)	Journey preparation (Outdoor Experience)	Project work (Nature & Culture)		
Friday	Depart Bogong. Student Planned Journey commences. Student Planned Journey (Outdoor Experience, Social, Nature and Culture)				
Saturday	Student Planned Journey (Outdoor Experience, Social, Nature and Culture)				
Sunday	Student Planned Journey (Outdoor Experience, Social, Nature and Culture)				
Monday	Student Planned Journey (Outdoor Experience, Social, Nature and Culture)				
Tuesday	Student Planned Journey (Outdoor Experience, Social, Nature and Culture) Return to Bogong.		Rest, Recover and Reflect (Critical & Creative Thinking)		
Wednesday	Equipment Return and Clean up. (Outdoor Experience)	High Ropes (Social)	Guest Speaker. (Future Thinking)		
Thursday	Elective session Students choose between:		Goal setting for the future Volunteerism and sustainable living actions. (Future Thinking)		
Friday	Reflection and Transfer (Critical & Creative Thinking) Depart Bogong 10am		Home! (Future Thinking)		

Whilst at Bogong, Home School teachers are responsible for the complete supervision of students between lights out 10:00pm and 7:30am the next morning. There are Bogong staff who reside on site that may be called upon in an emergency.

General Information

Physical Fitness for the Program

The activities undertaken can be strenuous and it is strongly advised that students and visiting teachers undertake some **fitness training** as part of their preparation for their time at Bogong.

Student Expectations

Prior to the program commencing it should be made clear to students that Bogong is a school operated by the DE, has a set curriculum and **is not a holiday centre.**

Accommodation

Students and visiting staff generally stay in our (two-story) Fainter Lodge. Twenty-eight students (two per room) and two visiting teachers (VTs- a single room each) can be accommodated on each floor. Student rooms are furnished with a bunk bed (two single beds). Bogong will supply a fitted bottom sheet while students are to bring a sleeping bag & pillow. All buildings facilities include modern bathrooms, indoor and outdoor recreation areas, drying rooms and a dining room. Facilities (i.e. wheelchair ramps and specialised bathrooms/toilets) are provided for students with physical disabilities. Refer to the Outdoor School website for more information.

Catering

The Campus employs a chef and assistant who provide all meals and specifically cater for the tastes and appetites of teenagers. For catering purposes, the actual numbers of students and staff from each school needs to be confirmed on the Cumulus online portal two weeks in advance with any special dietary requirements.

Transport

Schools are required to arrange for return transport between the school and Bogong. Outdoor School recommends Falls Creek Coach Service for their reliability and experience with times for getting to Bogong. Local transport during the program may be either self-drive using school vehicles, or by coach. The High Plains Road from Mt Beauty to Falls Creek is declared hazardous from the Queen's birthday weekend until the end of the snow season and requires a special bus licence to drive on it.

Telephone

Inward phone calls are received between 8.30am and 4.30pm. Outgoing calls may be made at any convenient time by staff or students if needed. Students are discouraged from calling or receiving calls during the program. Bogong has an answering machine at times when the office is unattended. An after-hours phone number for emergencies is provided on the answering machine. Bogong teachers have phones for safety during program.

Emergency Telephone Numbers

Bogong Campus (Office)	03 5754 1732	Campus Principal – Roger Blackwell	0417 202 578
Principal – Tony Keeble	0417 541 732	DE Office of Emergency Management – 24 hours	03 9589 6266

Student Engagement, Mandatory Reporting & Child Safe Policies

Outdoor School has a student engagement, mandatory reporting and child safe policies. These are available on the schools website at http://www.outdoorschool.vic.edu.au/policies/3699/

Curriculum

Future Maker Curriculum

Below is a representation of the major components of the curriculum attached to the year nine program.

